

WASHINGTON STATE 2007 WOMEN'S OUTDOOR BESTS

= NCAA Regional Event Qualifying Mark

100m (#11.75)	2007	LIFETIME
# Princess Joy Griffey	11.72 (h)	11.72 11.66w
La Shawnda Porter-Red	11.95 (p)	11.83
Jeanne Newman	12.85 (o)	12.85

200m (#23.96)	2007	LIFETIME
# Diana Pickler	23.69w (h)	23.69w 24.16 (d)
# La Shawnda Porter-Red	23.92w (p)	24.00 (k)
Princess Joy Griffey	24.13 (k)	24.13
Julie Pickler	24.51W (h)	24.38 24.67 (q)
Brandi Probasco-Canda	25.03 (g)	24.64
Jeanne Newman	25.70 (n)	24.34
Selena Galaviz	25.96 (n)	25.96

400m (#54.61)	2007	LIFETIME
Brandi Probasco-Canda	54.95 (g)	54.07
Lorraine King	56.55 (g)	55.24
La Shawnda Porter-Red	56.65 (n)	56.65
Selena Galaviz	57.59 (d)	57.06
Nicole McClendon	58.33 (j)	56.78
Jeanne Newman	63.12 (j)	56.43

800m (#2:09.80)	2007	LIFETIME
Sara Trané	2:11.20 (d)	2:11.17
Lisa Egami	2:11.33 (d)	2:08.38
Julie Pickler	2:16.05 (h)	2:16.05
Karen DeMartini	2:16.81 (d)	2:15.85
Diana Pickler	2:19.08 (h)	2:19.08
Marisa Sandoval	2:19.14 (o)	2:19.14

1500m (#4:27.80)	2007	LIFETIME
Sara Trané	4:28.43 (k)	4:28.43
Marisa Sandoval	4:34.20 (g)	4:34.20
Lisa Egami	4:35.12 (g)	4:34.0
Karen DeMartini	4:37.01 (r)	4:37.01
Meghan Leonard	4:40.35 (n)	4:40.35
Chelsea VanDeBrake	4:45.85 (d)	4:45.85
Kelly Ramirez	4:46.70 (d)	4:40.46
Collier Lawrence	4:46.72 (n)	4:44.96
Kayle Peterson	4:59.60 (n)	4:56.10
Isley Gonzalez (unat)	4:50.65 (j)	4:35.58

3000m	2007	LIFETIME
Kelly Ramirez	10:20.91 (o)	10:20.91
Chelsea VanDeBrake	10:26.68 (o)	10:26.68

5000m (#16:52.00)	2007	LIFETIME
Meghan Leonard	16:57.40 (g)	16:57.40
Collier Lawrence	17:19.59 (k)	17:19.59
Chelsea VanDeBrake	17:28.35 (g)	17:28.35
Kelly Ramirez	17:29.25 (g)	17:15.76
Kayle Peterson	17:41.39 (k)	17:41.39

10,000m (NCAA AQ 33.33.00/ NCAA PQ 35:00.00)	2007	LIFETIME
Kelly Ramirez		36:51.53

100m HURDLES (#13.92)	2007	LIFETIME
# Diana Pickler	13.28 (h)	13.28 SR
Julie Pickler	14.01w (h)	13.78 14.13 (r)
Angelica Flynn	14.33w (p)	14.33w 14.39 (n)

400m HURDLES (#1:00.82)	2007	LIFETIME
# Lorraine King	1:00.28 (r)	1:00.28
Angelica Flynn	1:09.30 (o)	1:09.30

3,000m Steeplechase (#10:50.25)	2007	LIFETIME
# Sara Trané	10:19.89 (r)	10:19.89 SR
# Meghan Leonard	10:26.78 (r)	10:26.78
# Collier Lawrence	10:40.15 (o)	10:40.15
# Kayle Peterson	10:43.83 (g)	10:43.83
Becky Williams (unat)	12:09.22 (j)	12:09.22

400m RELAY (#45.70)	2007
# Griffey, Porter-Red, D. Pickler, J. Pickler	45.47 (n)

1600m RELAY (#3:42.00)	2007
# D. Pickler, Probasco-Canda, King, J. Pickler	3:37.55 (r)

HIGH JUMP (#1.75m/5-8 3/4)	2007	LIFETIME
# Diana Pickler	1.84m/6-0 1/2 (h,r)	1.84m/6-0 1/2
# Julie Pickler	1.75m/5-8 3/4 (q,r)	1.75m/5-8 3/4
McKinnon Hanson	1.70m/5-7 (d,r)	1.75m/5-8 3/4
N. Montgomery	1.53m/5-0 1/4 (j)	1.70m/5-7

WSU 2007 WOMEN'S OUTDOOR BESTS - 2

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POLE VAULT (#3.80m/12-5 1/2)

	2007	LIFETIME
Kendall Mays	3.51m/11-6 1/4 (j)	12-0
Jessica Fuller	3.50m/11-5 3/4 (o,p)	11-9
Chelsea Nicholas	3.20m/10-6 (j)	11-0

LONG JUMP (#6.00m/19-8 1/4) 2007 LIFETIME

# Diana Pickler	6.20m/20-4 1/4 (q)	6.20m/20-4 1/4
Catie Schuetzle	5.95m/19-6 1/4 (o)	5.95m/19-6 1/4
Julie Pickler	5.90m/19-4 1/4w (q)	6.06m/ 19-10 3/4w
	5.83m/19-1 1/2 (g)	5.95m/19-6 1/4

TRIPLE JUMP (#12.32m/40-5)

	2007	LIFETIME
# Catie Schuetzle	12.58m/41-3 1/4 (o)	12.58m/41-3 1/4
# Sarah Burns	12.54m/41-1 3/4 (n)	12.54m/41-1 3/4
# Kaylee Gardner	12.45m/40-10 1/4w (o)	12.45m/40-10 1/4w
	12.30m/40-4 1/4 (k)	12.30m/40-4 1/4

SHOT PUT (#14.30m/46-11)

	2007	LIFETIME
# McK. Garberg	14.97m/49-1 1/2 (r)	14.97m/49-1 1/2
# Jessica Zita	14.73m/48-4 (k)	14.73m/48-4
Julie Pickler	12.38m/40-7 1/2 (q)	12.68m/41-7 1/4
Diana Pickler	11.82m/38-9 1/2 (b)	11.82m/38-9 1/2

DISCUS (#47.30m/155-2)

	2007	LIFETIME
# McKenzie Garberg	51.58m/169-3 (k)	51.58m/169-3
Jessica Zita	42.68m/140-0 (n)	42.72m/140-2

HAMMER (#54.15m/177-8)

	2007	LIFETIME
# McKenzie Garberg	59.37m/194-9 (n)	59.37m/194-9
Jessica Zita	44.84m/147-1 (o)	46.31m/151-11

JAVELIN (#43.45m/142-6)

	2007	LIFETIME
# Diana Pickler	44.03m/144-5 (q)	44.03m/144-5
Jas. McCormack	42.97m/141-0 (n)	42.97m/141-0
Julie Pickler	39.82m/130-8 (q)	39.82m/130-8

HEPTATHLON (**=NCAA AQ 5,500 /*=PQ 5,050)

	2007	LIFETIME
** Diana Pickler	6205 (h)	6205 SR
(h=100mH - 13.28, HJ - 1.84m/6-0 1/2, SP - 11.75m/38-6 3/4, 200m - 23.69w, LJ - 6.15m/20-2 1/4, Jav - 41.97m/137-8, 800m - 2:19.08)		

** Julie Pickler	5790 (q)	5790
(q=100mH - 14.17, HJ - 1.75m/5-8 3/4, SP - 12.38m/40-7 1/2, 200m - 24.67, LJ - 5.90m/19-4 1/4w, Jav - 39.82m/130-8, 800m - 2:19.24)		

SR = WSU record

FSR = Freshman WSU record.

MEET LEGEND

- a @ Sasquatch Mini Meet, Spokane 3/9
- b @ Baldy Castillo Invite, Tempe 3/16-17
- bb @ UW Outdoor Preview, Seattle 3/16
- c @ Dusty Lane Open, Spokane 3/17
- d @ Trojan Invite, Los Angeles 3/23-24
- f @ California Multi-Events, Berkeley 3/28-29
- g @ Stanford Invitational, Stanford 3/30-31
- h @ Texas Relays, Austin 4/4-7
- j @ Pelluer Invite, Cheney 4/6
- k @ Johnson/Joyner-Kersey Invite, Los Angeles 4/12-14
- m @ Mt. SAC Relays, Walnut 4/13-15
- n Cougar Invitational, Pullman 4/21
- o WSU-Washington Dual, Seattle 4/29
- Team Score: WSU 102, UW 61
- p @ Vandal Jamboree, Moscow 5/4-5
- q @ Pac-10 Multi Championships, Stanford 5/5-6
- r @ Pac-10 Championships, Stanford 5/12-13
- s @ NCAA West Reg. Champs, Eugene 5/25-26
- \$ @ NCAA Championships, Sacramento 6/6-9

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100m (#10.50)	2007	LIFETIME
# Justin Woods	10.46w (r)	10.45W
	10.50 (m)	10.48
# Jaycee Robertson	10.50w (p)	10.26W
	10.55 (b)	10.38
Rickey Moody	11.00 (f)	10.89
Devin Timpson	11.05 (b)	10.94
Jarrell Nelson	11.12 (o)	10.68w
		10.69
Sadiki James	11.16 (k)	10.68
Kyle Schauble	11.25 (f)	10.90
Justin Chambers	11.84 (q)	11.84

200m (#21.19)	2007	LIFETIME
# Jaycee Robertson	20.99 (b)	20.99
		20.90w
# Justin Woods	21.16 (r)	20.66w
		21.01
Brian Woods	21.84 (n)	21.24
Brian Williams	22.26 (n)	22.26
Sadiki James	22.59w (g)	22.59w

400m (#47.20)	2007	LIFETIME
Reny Follett	47.47 (r)	47.47
John Cassleman	48.04 (n)	47.50
Brian Woods	48.31 (n)	48.07
Bob Hewitt-Gaffney	49.47 (g)	48.30
Kyle Schauble	50.80 (f)	50.30
Devin Timpson	51.26 (d)	49.04
Rickey Moody	51.56 (f)	51.56
Justin Chambers	52.43 (f)	51.14

800m (#1:50.40)	2007	LIFETIME
Luke Lemenager	1:52.71 (k)	1:51.2
Bob Hewitt-Gaffney	1:52.81 (d)	1:51.92
Andrew Jones	1:57.30 (n)	1:57.30
Justin Chambers	1:59.84 (o)	1:53.49

1500m (#3:47.80)	2007	LIFETIME
Luke Lemenager	3:53.70 (g)	3:53.70
Chris Concha	3:54.18 (g)	3:54.18
Sam Ahlbeck	3:57.35 (k)	3:57.35
Andrew Jones	3:57.55 (d)	3:57.55
Chris Williams	4:02.29 (bb)	4:02.29
Dominic Smargiassi	4:03.60 (o)	4:03.60
Alex Grant	4:08.53 (d)	4:01.62
Justin Chambers	4:19.92 (q)	4:02
Kyle Schauble	4:37.14 (q)	4:37.14
Rickey Moody	5:11.74 (q)	5:11.74

3000m	2007	LIFETIME
Andrew Jones	8:37.98 (o)	8:36.83
Chris Williams	9:02.77 (o)	8:22.50
Dan Geib (unat)	8:39.20 (bb)	8:39.20

5,000m (#14:12.00)	2007	LIFETIME
Andrew Jones	14:22.26 (k)	14:22.26
Chris Williams	14:52.32 (k)	14:48.92
Dan Geib (unat)	14:59.46 (j)	14:47.43

10,000m (NCAA AQ 28:45.00/ NCAA PQ 29:30.00)	2007	LIFETIME
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110m HURDLES (#14.30)	2007	LIFETIME
# Robert Williams	14.08 (r)	14.08
Rickey Moody	14.48 (r)	14.48
Barry Leavitt	14.92 (b)	14.52
Kyle Schauble	15.03 (q)	15.03
Justin Chambers	16.82 (b)	16.82

400m HURDLES (#52.51)	2007	LIFETIME
# John Cassleman	50.82 (r)	49.53
# Robert Williams	51.87 (k)	51.87
# Barry Leavitt	52.30 (r)	51.48
Kyle Schauble	55.68 (n)	55.68
Jimmy Schofield (unat)	58.94 (n)	58.94

3,000m STEEPLE (#9:07.00)	2007	LIFETIME
# Alex Grant	9:03.73 (r)	9:03.73
# Sam Ahlbeck	9:05.77 (r)	9:05.77
# Chris Concha	9:06.99 (m)	9:06.99
Dominic Smargiassi	9:57.00 (n)	9:57.00

400m RELAY (#40.66)	2007
B. Woods, J. Woods, B. Williams, Robertson	40.88 (r)

1600m RELAY (#3:10.00)	2007
Follett, Cassleman, Robertson, B. Woods	3:12.08 (r)

HIGH JUMP (#2.10m/6-10 3/4)	2007	LIFETIME
# Trent Arrivey	2.13m/6-11 3/4 (r)	7-0
Kyle Eaton	2.05m/6-8 3/4 (d,n)	2.05m/6-8 3/4
Rickey Moody	1.95m/6-4 3/4 (k)	1.97m/6-5 1/2
Justin Chambers	1.89m/6-2 1/4 (q)	1.89m/6-2 1/4
Kyle Schauble	1.80m/5-10 3/4 (k)	1.80m/5-10 3/4

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POLE VAULT (#5.05m/16-6 3/4)

	2007	LIFETIME
# Tyson Byers	5.27m/17-3 1/2 (m)	5.40m/17-8 1/2
D.J. Brown	4.60m/15-1 (o)	16-0
Justin Chambers	3.85m/12-7 1/2 (n,q)	3.85m/12-7 1/2
Rickey Moody	3.85m/12-7 1/2 (n)	3.85m/12-7 1/2
Kyle Schauble	3.85m/12-7 1/2 (q)	3.85m/12-7 1/2
Josh Winters (unat)	4.45m/14-7 1/4 (n)	15-9

LONG JUMP (#7.34m/24-1)

	2007	LIFETIME
# Rickey Moody	7.37m/24-2 1/4w (j) 7.29m/23-11 (o)	7.50m/24-7 1/4
Kyle Schauble	6.84m/22-5 1/4 (f)	7.06m/23-2
Justin Chambers	6.26m/20-6 1/2 (d)	6.26m/20-6 1/2
Moreno Zapata	6.56m/ 21-6 1/4 (o)	6.56m/21-6 1/4

TRIPLE JUMP (#15.00m/49-2 1/2)

	2007	LIFETIME
# Moreno Zapata	15.46m/50-8 3/4w (p) 15.39m/50-6 (p)	15.53m/50-11 1/2w 15.39m/50-6
Devin Timpson	13.91m/45-7 3/4 (o)	13.91m/45-7 3/4

SHOT PUT (#16.80m/55-1 1/2)

	2007	LIFETIME
# Matt Lamb	17.62m/57-9 3/4 (d)	17.62m/57-9 3/4
# Drew Ulrick	17.51m/57-5 1/2 (b)	17.51m/57-5 1/2
Vic Asher	15.66m/51-4 1/2 (o)	15.66m/51-4 1/2
Rickey Moody	13.77m/45-2 1/4 (q)	14.44m/47-4 1/2
Justin Chambers	10.95m/35-11 1/4 (q)	10.95m/35-11 1/4
Kyle Schauble	9.62m/31-6 3/4 (q)	9.62m/31-6 3/4

DISCUS (#51.70m/169-7)

	2007	LIFETIME
# Matt Lamb	59.47m/195-1 (d)	59.47m/ 195-1
# Drew Ulrick	58.37m/191-6 (r)	58.37m/191-6
Chase Mancuso	45.41m/149-0 (o)	45.41m/149-0
Rickey Moody	45.37m/148-10 (b)	45.76m/150-1
Justin Chambers	35.90m/117-9 (f)	35.90m/117-9
Phil MacArthur	29.69m/97-5 (n)	29.69m/97-5
Kyle Schauble	29.27m/96-0 (q)	29.27m/96-0
Tony Moser (unat)	41.48m/136-1 (oo)	41.48m/136-1

HAMMER (#55.60m/182-5)

	2007	LIFETIME
# Phil MacArthur	60.07m/197-1 (r)	60.07m/197-1
Chase Mancuso	53.86m/176-8 (b)	53.86m/176-8
Vic Asher	51.78m/169-10 (o)	51.78m/169-10

JAVELIN (#61.60m/202-1)

	2007	LIFETIME
# Jon Jeffreys	67.62m/221-10 (o)	68.95m/226-2
Ryan Scott	61.40m/201-5 (r)	61.70m/202-5
Nathan Bache	60.50m/198-6 (o)	60.50m/198-6
Rickey Moody	52.08m/170-10 (q)	58.42m/191-8
Justin Chambers	50.29m/165-0 (b)	50.29m/165-0
Kyle Schauble	43.95m/144-2 (n)	43.95m/144-2
Mark Presby (unat)	58.63m/192-4 (oo)	58.63m/191-4

DECATHLON (**=NCAA AQ 7,500/ *=PQ 6,900)

	2007	LIFETIME
* Rickey Moody	7109 (q)	7109
(q=100m - 11.11, LJ - 7.13m/23-4 3/4, SP - 13.77m/45-2 1/4, HJ - 1.89m/6-2 1/4, 400m - 51.90, 110mH - 14.69, DT - 44.59m/146-3, PV - 3.65m/11-11 3/4, Jav - 52.08m/170-10, 1500m - 5:12.74)		

Justin Chambers	6390 (q)	6390
(q=100m - 11.84, LJ - 6.13m/20-1 1/2w, SP - 10.95m/35-11 1/4, HJ - 1.89m/6-2 1/4, 400m - 52.50, 110mH - 16.85, DT - 34.21m/112-3, PV - 3.85m/12-7 1/2, Jav - 48.43m/158-11, 1500m - 4:19.92)		

Kyle Schauble	6385 (q)	6385
(q=100m - 11.34, LJ - 6.55m/21-6, SP - 9.62m/31-6 3/4, HJ - 1.77m/5-9 3/4, 400m - 50.93, 110mH - 15.03, DT - 29.27m/96-0, PV - 3.85m/12-7 1/2, Jav - 42.81m/140-5, 1500m - 4:37.14)		

SR = WSU school record FSR = Freshman WSU record

MEET LEGEND

- a @ Sasquatch Mini Meet, Spokane 3/9
- b @ Baldy Castillo Invite, Tempe 3/16-17
- bb @ UW Outdoor Preview, Seattle 3/16
- c @ Dusty Lane Open, Spokane 3/17
- d @ Trojan Invite, Los Angeles 3/23-24
- f @ California Multi-Events, Berkeley 3/28-29
- g @ Stanford Invitational, Stanford 3/30-31
- h @ Texas Relays, Austin 4/4-7
- j @ Pelluer Invite, Cheney 4/6
- k @ Johnson/Joyner-Kersey Invite, Los Angeles 4/12-14
- m @ Mt. SAC Relays, Walnut 4/13-15
- n Cougar Invitational, Pullman 4/21
- o WSU-Washington Dual, Seattle 4/29
Team Score: UW 103, WSU 60
- oo @ Duane Hartman Invite, Spokane 4/28
- p @ Vandal Jamboree, Moscow 5/4-5
- q @ Pac-10 Multi Championships, Stanford 5/5-6
- r @ Pac-10 Championships, Stanford 5/12-13
- s @ NCAA West Reg. Champs, Eugene 5/25-26
- \$ @ NCAA Championships, Sacramento 6/6-9

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